



Desórdenes de Ansiedad

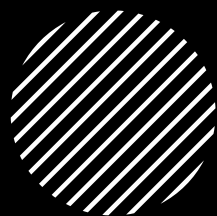
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Contexto Histórico



- El Hippocratic Corpus
 - Nicanor
- Tratado de Cicero y Seneca
- DSM-I
 - Desorden psiconeurótico
- DSM-III
 - GAD
 - Fobias
 - SAD
 - OCD






Tipos de Desórdenes de Ansiedad

- Desorden de Ansiedad Generalizada
- Desorden Obsesivo Compulsivo
- Desorden de Ansiedad Social





Diagnóstico y Tratamientos

- Diagnosticado mediante:
 - DSM-V
 - ICD-10
 - Tratamientos:
 - Benzodiazepinas
 - SSRIs
 - Paroxetina
 - Cognitive Behavioral Therapy
- 



Prevalencia

- Mayor prevalencia en personas estadounidense que puertorriqueños.
- Prevalencia luego de:
 - Huracán María
 - COVID-19



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