




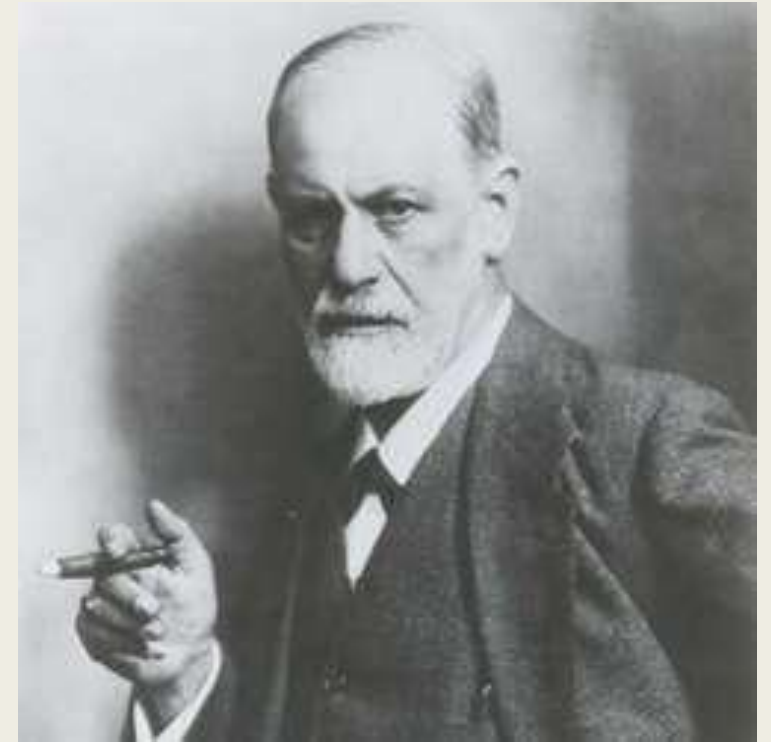
GENERALIZED ANXIETY DISORDER

Nicole Martínez
801-15-4576
BIOL4999-453



Historia

- Panofobia (1781)
- Neurastenia (1869)
- Neurosis de ansiedad (1895)
- GAD (1980)



The history of generalized anxiety disorder as a diagnostic category. (2017). *Generalized Anxiety Disorders*, 19(2), 107-116. doi:10.31887/dcms.2017.19.2/macrocq

Diagnóstico

- DSM-5
- GAD-7

Akiskal, H. S. (1998). Toward a definition of generalized anxiety disorder as an anxious temperament type. *Acta Psychiatrica Scandinavica*, 98(S393), 66-73.

doi:10.1111/j.1600-0447.1998.tb05969.x

Diagnostic and statistical manual of mental disorders (dsm-5). (2013,

GAD-7				
Over the <u>last 2 weeks</u> , how often have you been bothered by the following problems? <i>(Use "✓" to indicate your answer)</i>	Not at all	Several days	More than half the days	Nearly every day
1. Feeling nervous, anxious or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it is hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid as if something awful might happen	0	1	2	3

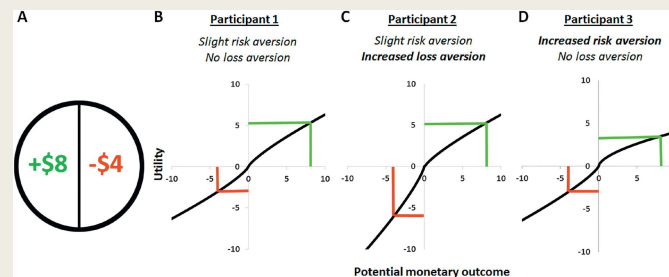
(For office coding: Total Score T ___ = ___ + ___ + ___)

Efecto en la vida cotidiana

■ Nutrición



■ Economía



■ Sueño



Forrest, L. N., Sarfan, L. D., Ortiz, S. N., Brown, T. A., & Smith, A. R. (2019). Bridging eating disorder symptoms and trait anxiety in patients with eating disorders: A network approach *International Journal of Eating Disorders*. doi:10.1002/eat.23070

Levy, I. (2017). The behavioral economics of anxiety. *Biological Psychiatry*, 81(12), 974-976. doi:10.1016/j.biopsych.2017.04.007

Monti, J. M., & Monti, D. (2000). Sleep disturbance in generalized anxiety disorder and its treatment. *Sleep Medicine Reviews*, 4(3), 263-276. doi:10.1053/emrv.1999.0096

Cerebro

- Estructura
- Circuitos



Fonzo, G. A., & Etkin, A. (2016). Brain connectivity reflects mental and physical states in generalized anxiety disorder. *Biological Psychiatry*, *80*(10), 733-735. doi:10.1016/j.biopsych.2016.08.026

Bartholomew, M. E., Miller, G. A., Yee, C. M., Heller, W., & Spielberg, J. M. (2017). 453. exploration of Functional NETWORKS Supporting Emotion inhibition in anxiety. *Biological Psychiatry*, *81*(10). doi:10.1016/j.biopsych.2017.02.937